



## PARENTS PLUS

# Children's Programme

An evidence-based parenting course on promoting confidence, learning and positive behaviour in children aged 6 to 11 years.

A FREE 9 week course beginning end of April 2021.  
Friendly, Non-Judgemental Group Atmosphere!

This course will take place in ONLINE and there is flexibility around group times.

Let us work together! Drawing on your strengths to improve relationships, build confidence and reduce stress as parents.

The course will be facilitated by VICTORIA & BRENDA  
from ATHY COMMUNITY FAMILY RESOURCE CENTRE.

For more information or to reserve your place, please contact:  
VICTORIA: 0858059464  
BRENDA: 0872438951  
Or email: [info@athycfrc.ie](mailto:info@athycfrc.ie)

